

Southern Oregon Soccer Academy Return To Play Operational Plan As of July 27th, 2020

Southern Oregon Soccer Academy will follow all national, state, and local guidelines when determining how best to return to play. The following information will lay out a framework for SOSA to get back on the field while keeping the health and well being of our players, coaches, and officials as our primary focus moving forward. Please see guidelines from Oregon Youth Soccer Association regarding guidance in the formation of this Return To Play document: [OYSA RTP Guidance](#)

At this time, there is no requirement for a child's participation. Each family should make decisions that best work for their situation.

Club Contact for issues involving Covid-19:

Christopher Van Ness
sosocceracademy@gmail.com
541-897-0099

In the case that a player or staff member is found to be COVID positive they must immediately contact the club COVID representative.

- The club contact will inform the Jackson County Health and Human Services Department, OYSA, and any other pertinent local and state organizations as deemed appropriate.
- Players and staff members in the same cohort of this child/coach will be contacted and asked to self-quarantine for 14 days.

Education and Communication Plan

SOSA will provide ongoing communication with updated policies and procedures throughout the return to play process. Information will be provided via email & sosocceracademy.com.

Coaches will be educated on return to play procedures in writing and through coaches' Meetings.

Parent Education and Communicable Disease Acknowledgment

Parents will sign a Release of Liability Waiver during the registration process.

Phase 1

Training Requirements

- All coaches and staff are required to wear masks when on the sidelines if 6 foot distance cannot be maintained.

- Temperatures of all players will be taken and recorded for each training session and game.
 - Players with fevers or other symptoms of illness are required to stay home and will be isolated and picked up by family if registering a higher than normal temperature (personal baseline temps recorded).
 - It is suggested that players wear masks while entering and leaving the field, but not required
 - Avoid carpools
 - Hand Sanitizer will be provided by SOSA. Players are to sanitize their hands upon entering and prior to leaving the field complex and when accessing the water station.
 - All personal belongings should be placed in an orderly fashion along the sideline part from others
 - Players are not to share equipment including soccer balls, pinnies, water bottles, etc...
 - Players to bring their own soccer ball
 - Coaches should utilize minimal equipment
 - No pinnies are to be utilized during this phase
 - All equipment must be sanitized after each session
 - Use of water fountains is prohibited
- Number of training sessions per week: 1 to 2 (depending on field and coach availability AND player response) 50 minute long sessions
- Number of players on the field: 9 per + Coach
- Coaching Cohort: Coaches to work in cohorts of 9 players to 1 coach. Coaches will have multiple cohorts. Players will have the same coach throughout this phase.

Facility/Field Ingress/Egress:

Teams (and coaches) training on Field 14(USCP) are to be dropped off and picked up in the west parking lot which is isolated from all other field lots and has two access points.

Training will be 50 minutes long, starting on the hour. Coaches are to sanitize all equipment used during the time between field sessions.

Only coaches and players will be permitted on the field. Parents are to drop players off and pick them up. Parents are not permitted to stay and watch -unless within their vehicle.

At the end of training, coaches are to walk their team to the parking lot while maintaining 6 feet of social distance between all players.

Coaches are not to leave until every player has been picked up.

Activities: SOSA Director of Coaching to provide a curriculum that meets all social distancing Guidelines. Links to personal, team and coach training will be hosted on sosocceracademy.com.

Phase 2

Training Requirements

- All coaches and staff are required to wear masks.
- Temperatures of all players will be taken and recorded for each training session and game.

- Players with fevers or other symptoms of illness are required to stay home and will be isolated and picked up by family if registering a higher than normal temperature (personal baseline temps recorded).
- It is suggested that players wear masks while entering and leaving the field, but not required
- Avoid carpools
- Hand Sanitizer will be provided by SOSA. Players are to sanitize their hands upon entering and prior to leaving the field complex
- All personal belongings should be placed in an orderly fashion along the sideline at a minimum of 6 feet apart from others
- Players are not to share equipment including soccer balls, pinnies, water bottles, etc...
- Coaches should utilize minimal equipment
- All pinnies must be washed after each session (it is possible that players will need to have their own pinnie)
- All equipment must be sanitized after each session

Number of training sessions per week: TBD based on available field space, state, and local guidelines.

Number of players on the field: TBD based on available field space, state, and local guidelines.

Facility/Field Ingress/Egress: Depending on any restrictions outlined in phase 2, SOSA is prepared to stagger start times on the fields as to minimize contact with others outside of a player's cohort. Further, we are prepared to enter the facility at one end of the field and leave at another.

Only coaches and players will be permitted on the field. Parents are to drop players off and pick them up. Parents are permitted to stay and watch outside of field parameters.

At the end of training, coaches are to walk their team to the parking lot while maintaining 6 feet of social distance between all players.

Coaches are not to leave until every player has been picked up.

Activities: During this phase, activities will most likely still require social distancing. SOSA will provide exercises to the coaching staff and players that will meet these requirements.

Phase 3

Training Requirements

- All coaches and staff are required to wear masks when 6 feet distancing cannot be maintained or when personal and direct instruction to players is conducted.
- Players with fevers other symptoms of illness are required to stay home
- It is suggested that players wear masks while entering and leaving the field, but not required
- Avoid carpools
- Hand Sanitizer will be provided by SOSA. Players are to sanitize their hands upon entering and prior to leaving the field complex
- All personal belongings should be placed in an orderly fashion along the sideline at a

minimum of 6 feet apart from others

- Players are not to share equipment including soccer balls, pinnies, water bottles, etc...
- Coaches should utilize minimal equipment
- All pinnies must be washed after each session
- All equipment must be sanitized after each session

Number of training sessions per week: TBD based on available field space, state, and local guidelines.

Number of players on the field: TBD based on available field space, state, and local guidelines.

Facility/Field Ingress/Egress: Depending on any restrictions outlined in phase 2, SOSA is prepared to stagger start times on the fields as to minimize contact with others outside of a player's cohort. Further, we are prepared to enter the facility at one end of the field and leave at another.

Only coaches and players will be permitted at the field complex. Parents are to drop players off and pick them up. Parents are permitted to stay and watch outside of field parameters.

Coaches are to walk their team to the parking lot while maintaining 6 feet of social distance between all players. Coaches are not to leave until every player has been picked up.

Phase 4

Return to contact permitted

Social Distancing practices still recommended

Club Responsibilities:

- Provide adequate field space to allow for proper social distancing
- Provide proper education and training for all stakeholders (parents, players, and staff)
- Have an appropriate communication plan in the event a player or staff member tests positive for COVID-19
- Provide hand sanitizer to all teams and coaches
- Provide masks to all staff members
- Continually monitor guidelines from national, state and local health authorities and amend RTP operational plan as needed

Players Responsibilities:

- Follow all team and club rule and guidelines
- Sanitize hands upon entering and leaving the complex
- Don't touch anything that doesn't belong to you
- Adhere to social distancing requirements
- No group celebrations, high fives, hugs, handshakes or contact of any kind with other players while social distancing guidelines are in place
- No spitting

- Take temperature prior to coming to training. Stay home if your temperature is elevated or if you are experiencing any other symptoms of illness

Coach Responsibilities:

- Follow and enforce all team and club rule and guidelines
- Sanitize hands upon entering and leaving the complex
- Wear a mask during all training sessions until further notice
- Monitor personal health and hygiene. Stay home if you have a fever or any other symptoms of illness
- Wash and sanitize ALL equipment following training
- No group celebrations, high fives, hugs, handshakes or contact of any kind with other players while social distancing guidelines are in place

Families:

- Take the player's temperature and ensure the player is healthy prior to attending any soccer activity.
- Stay in your car during all training sessions.
- Ensure that all players gear and clothing is sanitized prior to and following all training sessions
- Notify SOSA Executive Director immediately if a player becomes ill
- Support the SOSA RTP plan by reinforcing and following these policies

Educational Resources:

National Resources

[Center for Disease Control and Prevention -COVID19](#)

- [How to protect yourself and others](#)
- [Guidance for administrators of recreational parks and facilities](#)
- [Guidance documents](#)
- [Symptoms of Coronavirus](#)
- [Schools and Childcare Programs](#)
- [Cleaning and disinfecting our homes](#)
- [Cleaning and disinfecting for Households](#)
- [United States Olympic and Paralympic Committee Coronavirus Updates](#)

Return to Training Considerations

Return to Events Considerations

- [The Aspen Institute](#)
- [Return to Play – Risk Assessment Tool](#)

- [Coronavirus & Youth Sports: How Should Youth Sports Return to Play?](#)
- [Wild West: Youth sports providers weigh liability risks](#)
- [National Recreation and Park Association – Slowing the Spread of Covid-19](#)

Oregon Resources

- [Oregon Governor Website; Kate Brown](#)
- [Stay Home Executive Order 20-12 – March 23, 2020](#)
- [Reopening Oregon: Details on Restarting Public Life and Business](#)
- [Oregon Health Authority](#)
- [Outdoor Recreation Guidance – May 8, 2020](#)
- [Guidance for the General Public](#)

Coaching Resources

[**Sports Meets COVID-19: What to Say, What to Do**](#)
[**Aspen Institute: Calls for Coaches**](#)
[**SafeSport: Keeping your kid safe online during Covid-19**](#)